Risk Management & Insurance



Benefit News

2021 Annual Enrollment Ending Monday

This year's Annual Enrollment ends Monday, October 26th at midnight. If you wish to make changes during this year's annual enrollment, you must log-on by Monday evening through your employee self-service page. https://www.pcsb.org/annual-enrollment.

You should have received an A/E guide in the mail at your home. If you did not, please verify your address in Employee Self Service and update as needed. You may access the Annual Enrollment Newsletter with rates by clicking: 2021 Annual Enrollment.

Zoom Benefits Education Meetings

If you were unable to attend one of our Zoom Education Meetings on Annual Enrollment, you may watch it now. Videos of the presentation are posted out on the Annual Enrollment page.

- Recording of Zoom Education Meeting
- Zoom Education Meeting Basic Essential Plan 2021 Only

Humana Advantage Dental Plan

If you are interested in enrolling in or to learn more about your dental benefits, in this virtual environment Humana created a video to assist you by going to: Humana Advantage Plan

Wellness News

Wear Pink Thursday October 29

October is Breast Cancer Awareness Month. Show your support and raise awareness on Thursday, October 29 by wearing pink!

Breast cancer affects 1 in 8 women and is the second leading cause of cancer death among women. There's no way to prevent breast cancer, but you can get screened early and often! Talk with your doctor about when you should get screened and what at-home screenings you can do on your own. To learn more visit breastcancer.org.

Breast Cancer Awareness Crossword Puzzle:

Complete the Breast Cancer Awareness crossword puzzle by October 30, 2020 to be entered into a random prize drawing! Submit crossword puzzle to Dawn Handley via pony (Admin/Risk Management) or email (handleyd@pcsb.org).

- 1. Use this fact sheet to learn about Breast Cancer
- 2. Complete this Crossword Puzzle
- 3. Submit the puzzle to Dawn Handley (pony or email) to be entered into a random prize drawing!

Wellness Webinar Series

Weekly webinars on various wellness topics will be held throughout the fall semester. Open to all employees! Employees must register to join the webinar. Recordings will be posted online for 1 week after the live webinar.

Upcoming webinars:

10/27 @ 5:00pm Stay Positive Release Stress - Register

11/3 @ 5:00pm Budgeting & Savings – Register

11/4 @ 6:00pm Wellness for Busy People - Register

Full list of webinars and recordings can be found on **District Campaigns**.

Check Your Credits!

The end of the year is quickly approaching. Be sure you have all your Aetna Health Promise credits before 12/31/2020 to make sure you earn your incentive. If you are missing any credits, please contact Jessica O'Connell (pcs.oconnelli@pcsb.org) or Gina DeOrsey (pcs.deosrsey@pcsb.org) with your date of birth and the date of the activity you are missing. Visit pcsb.org/wellness for more information about the Aetna Health Promise.

Directions for how to check your credits.

Em ployee Discounts

<u>PerkSpot:</u> cell phones, travel discounts, electronics, health & wellness, tickets & entertainment, local offers and so much more. Company code: PCSB

<u>Tickets at Work:</u> exclusive discounts, special offers and access to preferred seating and tickets to top attractions, theme parks, shows, sporting events, movie tickets, hotels and much more. Company code: PCS